FinnSenso follow up form for school-age children and older

| Name of the subject: |
|-------------------------------------|
| Age when starting the scoring?years |
| Who was filling the guestionnaire? |

Developmental analysis and follow-up form 2.1

This developmental analysis is using questions that are providing a picture of individual development and possible sensomotor deficits. The same form applies to school aged children and adults.

At the end of the form, you can add age-appropriate questions or features to the subject you wish to follow as the exercise program progresses. The same form can be used as follow-up purpose.

Read the question carefully and answer it in your realistic, current assessment.

Scoring: 0 - 4 is measuring value of problems in each question area, that is, the more problems the person being evaluated has in that question, or the more a characteristic is represented by him, the higher the numerical value. For example, the question: "Is it difficult to sit still?" If the sitting still is very difficult, the correct answer is 4, if sitting is only a little difficult the correct answer is 1. No problems at all, 0 is the correct answer.

Scoring: 0 = good situation, no problems, 1 = only little trouble, 2 = more troubles, 3 = a lot of troubles, quite much troubles, 4 = very much problems, difficult or unable to complete the task.

In the end, there are 6 blank question boxes where you can put on yourself questions, areas of development you want to follow, for examples social interaction, reading, writing, math, some sporting or some other skill you want to follow.

Now you can complete your review with the form below.

Scoring: A score from 0 to 4 is measuring amount of problems, that is, the more a child has problems with the question, or the more a characteristic is represented by a child, the higher the numerical value.

Score: 0 = good, no problems, 1 = little trouble; 2 = more problems, harder to procedure the test in question; 3 = much trouble; 4 = serious problems, unable to complete the task.

Hint: Compare with other children of the same age (so-called average). Remember to put the date of completion of the form (Date). There is room for starting situation and 3 controls. We recommend to do controls in about 3 months interval.

| The task or question | Starting Date? | 1 Control Date? | 2 Control Date? | 3 Comtrol Date? |
|--|----------------|--------------------|--------------------|--------------------|
| The date to compete the form => | <u>Date:</u> | <u>Date:</u> | <u>Date:</u> | <u>Date:</u> |
| The date to compete the form => | | | | |
| Sensitivity profiling | | | | |
| Is a person exceptionally timid and tense, especially in new situations? (4 if very sensitive) | | | | |
| Are situations of change particularly difficult and distressing, or do you have to prepare the child carefully for the change? (4 if the new situations are very difficult) | | | | |
| Do the person have sensory over-sensitivities? For example, hypersensitivity hearing, hypersensitivity surface sensation, hypersensitivity smell or taste, enlarged pupils, photophobia? | | | | |
| Strong alienation when meeting new people or intense performance excitement? | | | | |
| Oral tensions | | | | |
| Mouth area tensions | | | | |
| Does the mouth move when drawing or writing? (4 if mouth moves while drawing) | | | | |
| Constantly sucking in items, the thumb, pen, shirt collar, etc.? (4 if sucking continuously) | | | | |
| Inadequate oral motility, speech and articulation difficulties, speech therapy without clear results? | | | | |
| Is eating difficult, difficulties controlling the mouth? | | | | |
| Tensions related to the use of hands, legs, sittin | g | | | |
| Is there a squeezing pencil grip, an abnormal pencil grip (not a normal light 3-point pencil grip)? (4 if very compressive or so-called abnormal pencil grip) | | | | |
| Is the handwriting or use of pen less advanced than one should have in his age? Large handwriting, letters of different sizes, lines drift (not straight)? | | | | |
| Tensioned hands, e.g. when working, playing an instrument, using tools, etc. | | | | |

| Sitting often in tensioned position? | | | |
|--|---|--|--|
| Difficult to sit still, is it like ants in pants? | | | |
| Does often change position while sitting, is he restless while | | | |
| sitting? Sit usually on his feet or do twist the ankles behind the | | | |
| chair's feet, for example? (4 if often sit on his feet) | | | |
| When reading or watching books, lying down rather than | | | |
| sitting? | | | |
| Posture | | | |
| Poor posture, forward leaning posture, neck in forward position? | | | |
| Sitting posture while reading or writing: Bends over the desk, the posture is so-called lying on the desk (although there is nothing wrong with your eyes, can see normally from a reading distance) | | | |
| Auditory Perception: | , | | |
| Frequently misunderstands questions, often asks "WHAT"? | | | |
| Pronounces words or phrases incorrectly? | | | |
| Weak memory narrow-band short memory? | | | |
| Concentration | | | |
| Can a person complete the tasks he started? (4 if no) | | | |
| Do a person often start new tasks while the previous ones are still in progress? (4 if you continue to the new ones often, even though the previous ones are ongoing) | | | |

| Problems in concentration? Do you need to guide or command your child all the time, is he/she overactive? | | | | |
|---|--|--|--|--|
| Motor development | | | | |
| Is a person clumsy? | | | | |
| How do a person cope with games and sports (compared to same aged)? | | | | |
| Problems with coordination? | | | | |
| Learning | | | | |
| Difficulties in learning? | | | | |
| Difficulties in reading? | | | | |
| Difficulties in writing? | | | | |
| Difficulties in remembering what was learned? | | | | |
| Perception, thinking and reasoning: | | | | |
| Processing complex issues? | | | | |
| Does a person realize distances, dimensions and quantities at an age? | | | | |
| How understands time-concept? | | | | |
| Doe a person get lost easily? (4 if easy to get lost) | | | | |
| | | | | |

| Temperament: | | |
|---|--|--|
| Does a person easily get angry when he/she fail to procedure the asked task or lose the game? | | |
| Does a person have problems with stress tolerance? | | |
| Other | | |
| Does a person get tired faster than others? | | |
| Learning the clock? Having trouble learning the clock's logic? | | |
| Does a person suffer bed-wetting problems? | | |
| Have often headache? | | |
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| | | |
| Scoring: Total points: | | |

