Hiroyuki SHIMADA, Ph.D., P.T. on tutkinut aihetta pitkään ja tutkimuksista on julkaistu useita tieteellisiä artikkeleita (Shimada, Center for Gerontology and Social Science, National Center for Geriatrics and Gerontology, Japan)

Tutkimuksissa on havaittu, että NCGG:n kehittämällä metodiikalla on pystytty pysäyttämään varhaiselle Alzheimerin taudille tyypilliset aivojen volyymin pienentyminen ja käytännössä taudin eteneminen on siis saatu pysähtymään. Verrokkiryhmissä, missä tätä harjoittelua ei ole tehty sairaus on edennyt sen vakavampaan asteeseen. Tutustuimme NCGG:n toimintaan, harjoitusmenetelmiin, tutkimuksiin ja saavutuksiin 2018 lopulla jolloin sovimme dr. Shimadan kanssa yhteistyöstä.

Tieteellisiä julkaisuja Shimadan tutkimuksista:

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